What to Expect after infant and children Frenectomy procedure?

Although every baby heals differently, they all follow the same healing steps:

Day 1-3
• Your baby will feel sore or tender and probably more fussy than usual.
• The “white patch” begins to form. It acts like a Band-Aid.
• If upper lip was revised, swelling will be present.
• Pain management indicated.
• They may have difficulty latching. Have a backup feeding plan.

Week 1
• Soreness improves every day and is gone by 7-10 days.
• Healing patch reaches maximum size.
• Baby may still be fussy.
• Baby is relearning how to suck and feedings may be inconsistent.
• Follow up with the lactation consultant is recommended in the first 2 days.
• Body work is recommended in the first three days.
• Pain management as necessary.
• Exercises are irritating.

Week 2-4
• Healing patch is shrinking.
• Pain management no longer necessary.
• Exercises are only mildly irritating.
• Continue to follow-up with Lactation Consultant and Bodywork as needed.
• Begin to see signs of feeding improvement.

Continue exercises for 4 weeks. Baby may take up to 4 weeks to improve with feedings. Follow-up with Lactation Consultant and Bodywork as necessary.